





**S**

ometimes, life hands you lemons. Other times, life hands you hurricanes during vacation, overtime at work, and a new school year, all at once. My apologies to all of you patiently awaiting for the next edition of the PRFC Newsletter. My procrastination has truly gotten the best of me. However, it has not taken away how excited I am for the fall season; both the women's and men's teams are off to a great start in what looks to be a challenging and intense fall season.

To help us welcome the fall season, this newsletter will touch on news and upcoming events, including:

- ✓ Fall Season Schedules
- ✓ Fundraising updates (including Brewfest!)
- ✓ A picture of ~~Dan Ron~~ Butter being ridiculous
- ✓ A farewell to an old friend
- ✓ Current events and announcements!
- ✓ Stuff to look at
- ✓ Pretty good



Yours in *sweat* and blood,

Ben Doolittle  
PRFC Secretary

# Spring 2011 Angel's Schedule



Date	Opponent	Location	Results
8/27	Detroit	Home	W, 36-10
9/3	Bye (Labor Day)	-	-
9/10	Akron*	Home	-
9/17	Ann Arbor*	Home	-
9/24	Cleveland*	Away	-
10/1	Buffalo*	Away	-
10/8	Bye	-	-
10/15	Midwest Playoffs	TBD	-
10/22	Bye	-	-
10/29	Midwest Championship	TBD	-
11/5	Bye	-	-
11/11-11/13	DII National Championships	Virginia Beach, VA	-

\* Conference match.



Date	Opponent	Location	Results
8/20	Scioto Valley <sup>+</sup>	Away	59-8
8/27	Toledo* (DII) Bye (DIII)	Home -	37-29
9/3	Bye (Labor Day)	-	-
9/10	Dayton* (DII) Cleveland* (DIII)	Away Home	-
9/17	Rochester* (DII) Erie* (DIII)	Away Home	-
9/24	Grand Rapids* (DII) Youngstown* (DIII)	Home Away	-
10/1	Cincinnati* (DII) Cleveland* (DIII)	Home Home	-
10/8	Rochester* (DII) Westmoreland* (DIII)	Home Away	-
10/15	South Bend* (DII) South Pitt*	Away Away	-
10/22	Bye (DII) Akron* (DIII)	- Away	-
10/29	Detroit* (DII) Bye (DIII)	Away -	-
11/5	DII Playoffs	TBD	-

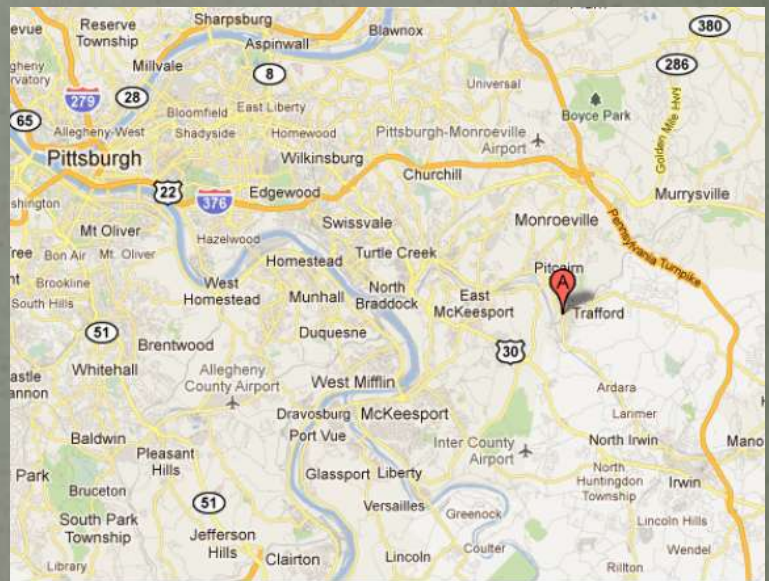
\* Conference match.  
+ Non-Conference match



## Games: Trafford Soccer Complex

PRFC has secured a (regulation sized) permanent home for the Fall Season at Trafford Soccer Complex. Members and friends are reminded to respect the owners and not bring in any outside alcohol. Concessions (including beer) will be available before and after the matches.

The address is:  
10 Stewart Station Drive, Trafford, PA



## Training: Manchester Field

PRFC training is Tuesday & Thursday, 7-9pm. Manchester Field is located in the North Side.



The address is: N Franklin St & Fulton St



*We have a very simple goal for the fall season, that is to win the national championship. We have a good start to the season with a game against Detroit on August 27th. Detroit is a D1 team that barely beat us in the spring, and should be a great way to test ourselves early in the season.*

*After Detroit we begin a short league season in which I feel that we should not be challenged, until the Midwest playoffs. This will present a unique challenge to our team, we will have to motivate ourselves to play the best game of rugby each game. We cannot let the score of the game tell us how we played, but weather we are continuing to improve individually and as a team.*

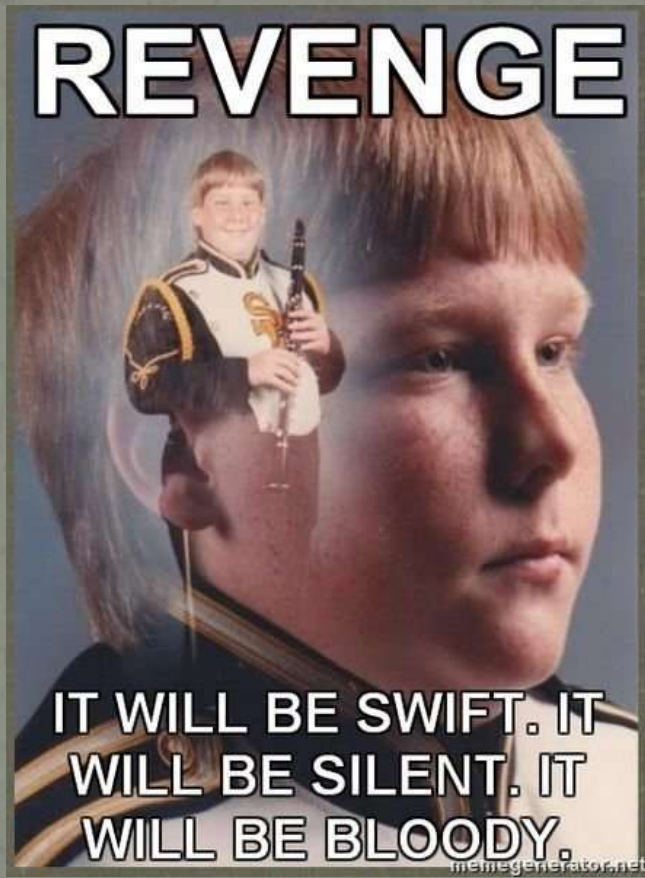
*This season we plan on continuing to open up the game plan, and play exciting 15 person rugby.*

*We have a great mix of young up and coming players and old vets. We have back most of our squad back from the 3rd place finish in nationals last year, and some exciting new players.*

*Our practices so far have been great with everyone putting in the hard work necessary to win the national championship.*

*So if you want to see some great women's rugby played this fall come out and watch the Pittsburgh Angles as they bring home Pittsburgh's first rugby, national championship.*

*-Coach Tony Chappie*



*We have a very simple goal for the fall season: No soft serve.  
Everything is there for the taking. Take it.  
-Everyone*



## Lauren Rosso

*1) How long have you been playing rugby? How did you get started?* I have been playing for 7 years. I started during my freshman year at Penn State after I met a men's team from Dublin who happened to be on tour in the US. My roommate and I ate lunch with them and thought they were gorgeous, so we decided to go and watch them play against Penn State. I loved it.

*2) Favorite rugby memory?* Playing on the main pitch in Dubai with the US 7s team. (For the record, my very first rugby memory involves Tricia DiBasilio, so things have come full circle for me here in Pittsburgh.)

*3) Employer:* physical therapy student at Pitt

*4) Favorite restaurant in Pittsburgh:* Park Bruges

*5) Favorite activity from this past summer:* A trip to Rome right before classes started.



## Engagement

Two of our favorite teammates were recently engaged. Congrats to Tricia DiBasilio and Rich Trotter!



Watch that hand, Richie.

---

## Baby News

Friend to the team and magical healer Dr. Sam Akhavan and his wife welcomed their second child on August 7. Congratulations, Doc!



Hopefully, a number 8 in the making!



## Fundraising, One Meal at a Time

Club fundraisers are a key way to ensure the success of our organization. From keeping dues to a minimum, to helping to fund for socials and fields, every little bit that we bring in helps.

Recently, the PRFC had an opportunity to earn some extra cash by taking a cut from profits from the Sharp Edge restaurants around the area. All patrons who presented a flyer guaranteed that PRFC received 15% of the proceeds from their bill, totaling up to \$250.

---

The club also made a great contact with the Pittsburgh Power Arena Football ticket office, and benefitted from ticket sales by splitting half of the ticket price for a total of \$200.

Although volunteering always pays off in intangible rewards, sometimes it can help pay the bills. The PRFC recently volunteered at the South Park Rib and Wing Challenge over the Labor Day weekend, and will be receiving \$5/hr for each volunteer.

A big thanks to those that help set up these events, and also to those that participated! Fundraising not only can bring in money, but help spread our club's name.



## Quad Rugby

Pittsburgh played host to the 2011 National Veterans Wheelchair Games on August 1-6, and PRFC members had the chance to volunteer for the Quad Rugby Tournament. Volunteers helped to referee the matches, as well as keep scores and times. Never miss a chance to give back to those who have given their all!





## Rugby World Cup, 2011

As most of you should know, the Rugby World Cup kicks off this Friday, September 9<sup>th</sup>, when hosting nation New Zealand faces Tonga. This year we are blessed that rugby's popularity continues to grow, and we have the opportunity to watch the matches on national TV (Universal Sports and NBC). The USA proves to have a difficult road ahead of them, but we'll cheer them on regardless. See below for the schedule of the opener and USA match replays, and see the link below for a full schedule online with showtimes.

Stay tuned to the email list for info on pub meet-ups at Ruggers for some of the bigger matches, especially any weekend morning matches!

### USA! USA! USA!

Friday, Sept. 9	New Zealand vs Tonga	(Universal, 5pm ET)
Sunday, Sept. 11	Ireland vs USA	(NBC, 1pm ET)
Thursday, Sept. 15	Russia vs USA	(Universal, 8pm ET)
Friday, Sept. 23	Australia vs USA	(Universal, 8m ET)
Tuesday, Sept. 27	Italy vs USA	(Universal, 8m ET)
Sunday, Oct. 23	FINAL	(NBC, 3pm)

\*<http://www.universalsports.com/rugby/events/event=USo100727/viewers-guide/index.html>



**Overview:** The Pittsburgh Brewfest 2011 is organized by the Pittsburgh Rugby Club for brewers to promote their beer to a wide audience while helping to raise awareness for a worthy cause. This year we have teamed up with The Greater Pittsburgh Community Food Bank to help them in their battle to end hunger in Southwestern Pennsylvania.

The Greater Pittsburgh Community Food Bank is a non-profit organization that collects and distributes food through a 380+ member network in 11 counties in southwestern Pennsylvania. Through food solicitation, fund raising, special events, and community partnerships, the Food Bank gathers food at their 94,000 square foot warehouse in Duquesne, PA. Through outlets such as soup kitchens, food pantries, shelters, after school programs, senior high rises, MH-MR drop-in centers, neighborhood food assistance agencies, emergency or disaster-related feeding sites, regional food banks, Meals on Wheels, community centers, and special programs, the Food Bank currently distributes around 21 million pounds of food per year. Greater Pittsburgh Community Food Bank is a member of Feeding America (formerly America's Second Harvest).

This year, the Rugby Club will be holding a food drive at the door to Brewfest in the hopes of gathering much needed support for the Food Bank during the Thanksgiving and Holiday seasons. The Rugby Club is organizing a raffle with a "big ticket item" to be awarded to the winner of the raffle. In order to enter the raffle, one item of non-perishable food must be donated per ticket.

**Where:** Bar Room, Saddle Ridge & Steelhouse – 1 East Station Square Drive – Station Square

**When:** Saturday, November 19th from 4:30 p.m. – 8:30 p.m.

**How the Brewfest works:** The Pittsburgh Rugby Football Club pre-sells tickets for \$35 each (\$40 at the door) for regular admission beginning at 5:30 pm. This year we have decided to add a VIP hour to Brewfest for a ticket price of \$50. The VIP event will run from 4:30 to 5:30 pm and allow for a select and limited number of individuals to have a more intimate experience between the brewers and their patrons during that time period. The Rugby Club sets up the facility and supervises the event. Brewers are admitted at no cost.

**Questions:** Nick Miller, [nickmiller7902@gmail.com](mailto:nickmiller7902@gmail.com)



One of the greatest givers to our club has recently said farewell to his loyal work horse. Join us in wishing Dr. Death the best as he says goodbye to a true friend of the team, his trusty white Buick.



*\*Not intended to be a factual representation.*

*Dear Death,*

*I am deeply saddened for your loss. That was truly a car for the ages. I've ridden in that's car to many a Midwestern and east coast city and my life was nearly taken several times during those trips. Many a gray hair were instantly grown on my head awakening to the sound of PA Turnpike rumble strips. The wheel was actually invented specifically to place on your car. The Rosetta Stone was discovered in it's trunk, and in certain islands in the Pacific, it is worshiped as a God and virginal sacrifices are made twice monthly. Your car has been driven to the top of Mt Everest. It helped Noah unload the animals and ran with the bulls in Pamplona, against the flow. It carried the flag on the front line of Picket's charge in Gettysburg and was the lone survivor of Custer's last stand. It's powered by an actual flux capacitor, fueled exclusively from the tears of albino alligators and can make the Kessle run in under 12 parsecs. Your car will be missed.*

*-Dan Talbert*



Jersey shore has never seen so much awesomeness in one castle before.



Only YOU can prevent bad decisions, like these shorts.



As always, I hope that you've enjoyed another edition of the PRFC Newsletter. Suggestions/comments are always welcomed. Take care of yourself, and each other.

See you on the pitch,  
Doolittle



## Club Officers

**President:** Lori Altenderfer  
lalttenderfer@gmail.com



**Vice President:** Anthony Simasek  
asimasek6@gmail.com



**Men's Convener:** Travis Gatewood  
arugbyplayer@yahoo.com



**Women's Convener:** Michelle McGraw  
maynmcgraw14@gmail.com



**Treasurer:** Nicole King  
calipanthergrl@yahoo.com



**Secretary:** Ben Doolittle  
bendoolittle@gmail.com



## Other Info

**Fundraising:**  
fundraising@pghrugby.com

**Brewfest:**  
pittsburghbrewfest@gmail.com



**Sponsorship:**  
sponsorship@pghrugby.com

**Collegiate Classic:**  
pittsburghrugbyclassic@gmail.com